

BRUNCH MENU

Freshly Squeezed Juices

Use your imagination and satisfy your thirst

Choose any 2:

pomegranate, pineapple, kiwi, orange, carrot, apple, blood grapefruit, seasonal berries

Why don't you try our suggested combos?

apple + carrot
Kiwi + orange
pomegranate + berries
blood grapefruit + orange

€5.00

Over the rainbow

Colorful Smoothies to bright up your day

Yellow Turmeric Ginger €6.50
Yellow squash, kumquats, ginger, orange, turmeric, hemp seed

Purple Sage {8} €6.50
Blackberries, apple, pineapple, sage, walnuts

Goji Carrot Lime €6.50
Carrots, banana, goji berries, orange, lime

Power of Green €6.50
Spinach, cucumber, zucchini, pineapple, fennel, lime

Don't You think is time for a Cocktail?

Prosecco Royale
Prosecco, blueberries, lemon juice, crème de cassis, spring of thyme

Coco Fizz
Prosecco, coconut rum, coconut water, lime juice

Bloody Grapefruit Spritz
Prosecco, blood grapefruit juice, aperol

€8.00

Start Ups

Yogurt Delight {7, 8} €5.50
Greek Yogurt with seasonal fruits, honey and walnuts or granola

Stay True to Tradition {7, 8} €5.50
Fresh Anari cheese with choice of carob syrup and pumpkin seeds or topped with Cyprus delights

Grapefruit Au Gratin {8} €4.00
Blood grapefruit gratinated with agave syrup and almonds

Spread It {1, 7} €6.50
Chicken liver pate served in the jar, accompanied with fruits of the forest jam and toasties

Do it like a Frenchie {1, 3, 7} €5.50
3 freshly oven baked croissants, served with orange and raspberry jams

Pancakes

American short-stack Pancakes {1, 3, 7} €6.50
Served with maple syrup

English style Pancakes {1, 3, 7} €6.00
Served with lemon and brown sugar

Make your own {8}: €7.00
Choose your style, English or American, top it up (choice of 3): honey, maple or carob syrup, walnuts, hazelnuts, strawberries, seasonal berries

SAILOR'S REST

LOUNGE · BAR · RESTAURANT

Don't Forget Your Egg Basket

Have it Your Way {3, 7} €8.00
Choose any 3 and create your own omelet: tomatoes, mushrooms, spring onion, bacon, halloumi or edam cheese

Keep it Light {3} €8.00
Omelet made off egg whites and finely cut seasonal mixed vegetables cooked in virgin olive oil

Eggs Benedict {1, 3, 10} €8.00
Eggs Benedict served on brown bread toasties with prosciutto, hollandaise sauce and seasonal refreshing side salad

Twisted French Toast {1, 3, 4} €12.50
Brown French toast topped with smoked salmon and poached egg, served with mixed greens and avocado

Fill up your Tummy

Well Being' Sandwich {1, 8, 11} €11.00
Sandwich with multi seeds bread, spread with humus, roasted vegetables, arugula and olives served with sweet potato chips

Three is better than Two {4, 7} €12.00
Trio of corn and rice crackers topped with:
Smoked salmon and cream cheese {4, 7}
Avocado mouse and aromatic prawns {2}
Smoked seabream and eggplant puree {4}

Additional as on Main Menu

Platters to Share:

Cheese Platter {1, 7} €12.00
Fruit Platter €12.00
Gourmet Platter {1, 7} €22.00

Sandwiches:

Club Sandwich {1, 3, 7} €13.50
Ham and Cheese Panini {1, 7} €11.50

Healthy Sins

Carrot Cake {1, 3, 7, 8} €6.50
Homemade carrot cake topped with frosting served with carrot syrup and yogurt ice cream

Quinoa Banana Muffin {3} €5.50
Quinoa, banana and coconut muffin served on fruity di Bosco sauce

Waffles

Hazelnut Praline Waffle {1, 3, 7, 8} €7.50
Hazelnut praline, bananas, biscuit crumble, dark chocolate sauce and vanilla ice cream

White Chocolate and Strawberries Waffle {1, 3, 7} €7.50
White chocolate praline, strawberries, vanilla ice cream and Frutti di Bosco sauce

ALLERGENS

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| (1) Cereals containing gluten | (6) Soybeans and products based on soy | (11) Sesame seeds and products based on sesame seeds |
| (2) Crustaceans (seafood in shell, e.g. crabs, shrimps, lobsters) and their products | (7) Milk and products based on milk | (12) Sulphur dioxide (SO ₂) and sulphites |
| (3) Eggs and products based on eggs | (8) Nuts (e.g. Almonds, hazelnuts, walnuts, cashews) | (13) Lupine and products based on lupine |
| (4) Fish and products based on fish | (9) Celery and products based on celery | (14) Mollusks and products based on mollusks. |
| (5) Peanuts (groundnuts) and products based on peanuts | (10) Mustard and products based on mustard | |