

Pop - Up

VEGAN MENU BY
SEASHELLS HEALTHY LIVING

CYPRUS Salad with Sourdough Bread €13.00

Heirloom cherry tomatoes, cucumber, red onion, pitted olives, sliced red bell pepper, vegan feta cheese cream, extra virgin olive oil, fresh oregano (1,6)

ASIAN Salad €14.00

Coconut, sesame tofu, avocado, cucumber, carrots, edamame, brown rice, dressed with sesame oil and soy sauce (6,11,12)

Vegan Platter €12.00

Muhammara

Beetroot hummus

Green tahini

Marinated "feta" with green olive oil and oregano

Lebanese pita

(1,6,11)

Chilli-Peanut Rolls €14.00

Noodles, sesame oil, soy sauce, carrots, spring onion, peas, peanuts, chili, fresh coriander wrapped in rice paper (1,6,8,11)

Authentic Chickpea Falafel €15.00

Homemade falafel made of chickpeas and broad beans, parsley, coriander, cumin, and gram flour, served in spinach tortillas or Greek pita with tahini, red onions, pickled cucumber, and tomato (1,11,13)

Choose Your Own Pasta & Add the Sauce of Your Choice €12.00

Wholegrain spaghetti, conchiglie pasta, linguini, or gluten-free.

Vegan sauces: Basil pesto, herbed tomato, mushroom cream, or truffle oil (1,8,9)

Seashells' Signature Burger in Oat's Bagel €15.00

Sweet potato, chickpeas, black beans, red kidney beans, gram flour, fresh coriander, jerk seasoning, smoked chipotle, smoked salt, avocado, pineapple, mango salsa (1)

Espresso Salted Caramel Raw Cheesecake €8.00

Raw cashews, dates, cocoa powder, vanilla, espresso powder, carob powder, coconut oil, and maple syrup (8)

Chocolate Tart With Tapioca Pearls & Coconut Shavings €8.00

Tartlet filled with chocolate mousse topped with tapioca pearls & coconut flakes (1,6)